

Schedule of Pilates course						
Classes	1	2	3	4	5	6
Month	Nov.	Nov.	Nov.	Nov.	Nov.	Nov.
Date	1st	6th	8th	13th	15th	20th
Day	Tuesday	Sunday	Tuesday	Sunday	Tuesday	Sunday
Time	6:30-7:30 pm	2:00-3:00 pm	6:30-7:30 pm	2:00-3:00 pm	6:30-7:30 pm	2:00-3:00 pm